

**Hear
our
voices!**

Hear our Voices!

self-advocacy conference

20 – 22 September 2023 Tallinn, Estonia

draft program

Verde



Day 1, Wednesday

20 September

13:00 – 14:00	Registration
14:00 – 15:30	Opening session László Bercse <ul style="list-style-type: none">• chair of the European Platform of Self-Advocates• vice-president of Inclusion Europe self-advocate from Estonia and Agne Raudmess <ul style="list-style-type: none">• EVPIT
15:30 – 16:00	Coffee break
16:00 – 17:30	László Bercse: How do we learn to be a self-advocate, Hungary Paul Alford: Getting a Voice - My Journey to life, Ireland Self-advocate from Estonia: Are you a good supporter? Francesco Juarez and Fedele Collu – Taking part and being heard, Italy

Day 2, Thursday

21 September

Morning

10:00 – 10:30	Welcome coffee
10:30 – 11:00	Describing what will happen today, and how the day is organised.
11:00 – 12:30 Two sessions at the same time.	Session 1 The roads to self-advocacy Ana Martinez, Plena inclusión, Spain Andreas Zehetner, Lebenshilfe Austria Oswald Föllerer, Self-advocacy centre Vienna, Austria Session 2 New ways to find our voice Self-advocate from Viltis, Lithuania
12:30 – 14:00	Lunch

Day 2, Thursday

21 September

Afternoon

14:00 – 14:30	Let's get back! Energising session
14:30 – 16:00 Two sessions at the same time.	Session 3 The role of our families Ana Martinez, Spain “After Us – training to live independently” - Giulio Tulumello, Antonio Costanza, Anffas Palermo, Italy Session 4 Self-advocacy in Ukraine
16:00 – 16:30	Coffee break
16:30 – 18:00 Two sessions at the same time.	Session 5 Thinking together about the future Elisabeta Moldovan, Ceva de spus, Romania Self-advocate from EVPIT, Estonia Session 6 How can our voices be heard in new places?

	<p>Tess Wappsell, member of the Advisory Board for the Swedish Institute for Human Rights</p> <p>Anna Ringström, member of the Youth Platform the Swedish National Organisation for persons with intellectual disability</p>
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Disco night from 19:30 to 22:00, organised by EVPIT.

Day 3, Friday

22 September

10:00 – 10:30	Welcome coffee
10:30 – 13:00	<p>What do we learn and what do we want?</p> <p>Creating a manifesto of self-advocates' demands from their countries.</p> <p>Everyone works together, in smaller groups.</p>
13:00 – 13:30	<p>Closing session</p> <p>László Bercse</p> <p>Estonian representatives</p>

Something extra!

Visit to Tallinn Old Town.

Medieval snack at the restaurant Olde Hansa.

15:00 to 18:00

Practical info

Where

The conference takes place in Tallinn, Estonia.

[Radisson Blu Hotel Olümpia Tallinn](#)

Liivalaia 33, Tallinn, 10118, Estonia

Registration

[Register here](#) (participants from outside Estonia).

There is no participation fee to attend the conference.

Travel and accommodation

Participants organise and pay for their own travel and accommodation.

If you have questions about the conference, please write to

self-advocacy@incluson-europe.org.



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